

child safety directory

North and West Belfast Health Action Zone Child Safety Forum

FOREWORD

There can be nothing more important than keeping our children safe. Parents and communities across North and West Belfast are of one mind about this.

Although there is a range of good practice and guidance on the subject, often it is a matter of knowing where to start to find it. That is why I am delighted to welcome the publication of the North and West Belfast Health Action Zone Child Safety Directory.

As I considered the range of information on, and organizations involved in, Child Safety, I felt that access to such advice and support has been made much easier by the publication, in one document, of the range of help available.

I would like to acknowledge the extensive work involved in producing such a valuable resource and look forward to seeing it distributed widely throughout the local community.

A handwritten signature in blue ink that reads "May Blood." The signature is written in a cursive style.

Baroness May Blood M.B.E.

ACKNOWLEDGEMENTS

The Health Action Zone would like to thank our partners and all the individuals, agencies and projects that contributed to, and advised on, this directory.

In particular, we would like to thank the North and West Belfast District Childcare Partnership, Investing for Health, and the Department of Health, Social Services and Public Safety whose financial contributions made this directory possible.

Please note

The information contained in this directory has been quality-assured to be as accurate and comprehensive as possible. Whilst every care has been taken in assembling entries, users should note that it is not possible to vouch for the services offered by organisations cited in the directory.

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INTRODUCTION

As Chair of the Child Safety Forum, I am delighted that this directory has been compiled and that so many organisations and groups exist to provide support and services aimed at improving child safety. This is the first time that all of this information has been brought together and categorised so usefully.

The production of the directory is an example of how the Child Safety Forum is working to improve information sharing on all child safety issues. The Child Safety Forum is an initiative of the North and West Belfast Health Action Zone, a partnership of 18 statutory, community, voluntary and private sector organisations, working to address inequalities in health and wellbeing in North and West Belfast, premised on a broad social model of health. The Health Action Zone is well aware that children living in North and West Belfast are more 'at risk' in terms of accidents and child protection issues than in other areas of the city — that was one of the main reasons behind bringing the Child Safety Forum together in the first place. The Forum is made up of a wide range of agencies, and voluntary and community groups. It has regularly brought together expertise in areas such as accident prevention, bullying, and substance abuse.

My thanks go to all the organisations that have provided the information for this directory. In particular, I would like to thank the North and West Belfast District Childcare Partnership which works closely with the Forum on an ongoing basis. The District Childcare Partnership champions the rights of children and raises awareness of Early Years priorities, as well as lobbying government on issues of concern.

The directory should be invaluable to parents, schools, and voluntary and community groups as well as the agencies which provide core services. The hope is that, should a child be experiencing any problems relating to safety, the parents or any other groups involved with that child, should be able to use the directory to identify quickly and easily what help and support is available.

I look forward to its wide distribution across North and West Belfast.



Suzanne Wylie
Chairperson
Child Safety Forum

Suzanne is an Environmental Health Manager with Belfast City Council

ACCIDENT PREVENTION

Belfast City Council

Bee Safe

Prepares P7 children for “big school”, gives them advice and support about their own and others' personal safety, touching on good citizenship. Delivered through a multi-agency event involving 7 short interactive scenarios.

Home Safety

Formal or informal sessions available to address specific requirements – professionals, older people, children, parents, carers.

Product and toy safety

The Environmental Health Service makes sure that products, including toys sold in shops, are safe. They will routinely check these products and if you have bought any products that you feel are unsafe you can contact them.

Information leaflets or other resources

- Precious Bundle, Handle With Care
- Toddlers Tips
- Hazard Hunter interactive website and puppet. (Available on CD)

Contact details

Hillary Bailey - Home Safety Officer

Jonathan Brice - Principal Environmental Health Officer

Belfast City Council
4-10 Linenhall Street
BELFAST BT2 8BP

Phone: 028 9032 0202

Email: baileyh@belfastcity.gov.uk / bricej@belfastcity.gov.uk

Website: www.belfastcity.gov.uk

British Red Cross

First Aid Awareness Programme

Promotes basic and more advanced knowledge of First Aid for parents, children and families.

Information leaflets or other resources

Numerous first aid leaflets, books, CD-ROMs, various first aid kits and videos.

Cost

First Aid awareness sessions are usually free; the cost of First Aid courses and resources vary.

Contact Details

Andrew McCoy (Youth Officer) OR Frances Sanderson (First Aid Co-ordinator)
British Red Cross
87 University Street
BELFAST BT7 1HP

Phone: 028 9024 6400

Fax: 028 9032 6102

Email: amccoy@redcross.org.uk/fsanderson@redcross.org.uk

Website: www.redcross.org.uk

Child Accident Prevention Trust

Information leaflets or other resources

Wide range of information available to practitioners, teachers and general public. Runs the annual national Child Safety Week.

Cost

Charges made for leaflets and resources

Contact details

CAPT
22-26 Farringdon Lane
London EC1R 3AJ

Phone: 020 7608 3828
Fax: 020 7608 3674
Email: safe@capt.org.uk
Website: www.capt.org.uk

Home Accident Prevention Northern Ireland

Home Safety

22 local Home Accident Prevention groups deliver home safety across Northern Ireland through talks to groups, themed posters, workshops, safety aid schemes and other local projects such as Hazard House and fireworks workshops.

Contact Details

Patricia Milligan
Volunteer Development Officer
c/o ROSPA
Nella House
Dargan Crescent
Belfast BT3 9JP

Phone: 028 9050 1162
Email: pmilligan@rospa.com

North and West Belfast Health and Social Services Trust (Health Promotion)

Child Accident Prevention Training

- Increases awareness of accident prevention in young children.
- Basic training provided to community groups on causes and types of home accident, linked to stages of child development, risk assessment, effective interventions, etc.
- Training offered to individuals in their place of work, i.e. child minders, nursery nurses, etc., organised in partnership with ROSPA and casualty departments in local hospitals.

Information leaflets or other resources

Various leaflets available

Cost

Some resources require payment

Contact details

Twin Spires
Curran House
155 Northumberland Street
Belfast BT13 2JF
Tel: 028 9041 7400

Northern Ireland Electricity

Kidsafe

Kidsafe is a primary schools safety initiative. The interactive programme is designed to educate and raise awareness of the dangers of electricity equipment to Key Stage 2 pupils throughout Northern Ireland.

Kidsafe allows parents, teachers and children to learn together using online fact sheets and interactive games with a supplementary programme of school talks and demonstrations. It will encourage children and young people to Think Safe, Act Safe and Stay Safe when they are playing outside.

Contact Details

www.niesafety.co.uk

Northern Ireland Fire Brigade

Frances the Firefly, Key stage 1

Aims to reduce the number of deaths and injuries from children playing with matches.

Video and booklet sent out on request from Brigade Headquarters. Visits from local Fire Stations on request.

Safety Team P5, Key Stage II

Aims to reduce the number of deaths and injury from dwelling fires. Covering, main causes of fire; fitting and maintaining a smoke alarm; night-time routine; fire escape plan.

Given to all P5 children, key stage II, within the Greater Belfast area.

Educational Fire appliance

As above plus reducing hoax calls

Youth Firemanship course

As above plus: Brigade organisation; History; More in depth fire safety (home and workplace).

Duke of Edinburgh award scheme

In depth look at the Fire Service and fire safety in the home and work place.

Information leaflets or other resources

- Fire safety in the home- Protect your house from fire.
- Fire safety in the home – Home Office.
- Fire safety in the home – Our community at risk.
- Fire safety advice for disabled people.
- Fire Kills – You can prevent it.
- Excuses kill – Get a smoke alarm.
- Fire Safety in the workplace.
- Fire Safety – Fire precautions regulations.
- Celebrate Safely.
- Like a child to a box of matches.
- Smoke alarms for the home.
- Arson - places of worship.
- Oil - safe as houses.
- Think fire first - fire escape plan.
- Public information leaflet.
- Arson - car fires.
- Arson - farms and countryside.
- Fire safety check list for industry.
- Wake up – Check your smoke alarm.
- Fire safety enforcement policy.
- Chip pans can hurt, maim or kill.
- Reclaiming your home.
- NIFB Bonfire safety.
- NIFB Caravan and camping.
- NIFB Holiday safety.

Tape and braille

Fire safety in the home.

Cost

None

Contact details

AAC Safety
Eastern Area Command
6 Bankmore Street
BELFAST BT7 1AQ

Phone: 028 9031 0360
Email: Safety3.@nifb.org
Website: www.nifb.org

ROSPA (Royal Society for the Prevention of Accidents)

Child Safety in the Home

Accredited training programme suitable for practitioners and community groups. It develops skills to promote safer home environments for children, focusing on types of accidents, who are most at risk, reducing number and severity of accidents, and risk assessment.

Child Safety Equipment/Workshops/Seminars

Targeted at community partnerships working to reduce childhood injury.

Information leaflets or other resources

- Products and services catalogue offers information leaflets and other resources (available online).
- NI grown Video/DVD training packages: “Home is where the harm is”, and “Buy wise, be safe”, suitable for practitioners and community groups.
- Video: “Choosing and fitting child car seats”.

Cost

Training and resources require payment.

Contact details

Janice Bisp, Manager
ROSPA
Nella House
118 Dargan Crescent
BELFAST BT3 9JP

Phone: 028 9050 1160
Fax: 028 9050 1164
Email: jbisp@rospa.com
Website: www.rospa.co.uk

St. John Ambulance (NI)

Early Years First Aid

Course for registered childminders, nannies, au pairs and playgroup leaders. This course can also be used to provide evidence for those working towards an NVQ in Childcare and Education

Lifesaver Baby & Child (LSBC)

Course for parents and childminders who would like a basic knowledge of life saving first aid.

Information leaflets or other resources

Posters are available free of charge for the Early Years course.
Packs are provided on courses.

Cost

Early Years First Aid:
£60 + VAT per person for scheduled courses.
£550 + VAT for a group of 12 people, normally taught on your own premises.

Lifesaver Baby & Child:
£35 +VAT per person.
£300 +VAT for a group of 12 people.

Contact details

Sonja Quinn
St John Ambulance
Erne, 35 Knockbracken Healthcare Park
Saintfield Road
BELFAST BT8 8RA

Phone: 028 9079 9393
Fax: 028 9079 3303
Email: sonja.quinn@ni.sja.org.uk
Website: www.ni.sja.org.uk

Other useful sources of information

Home Accident Prevention Strategy and Action Plan, November 2004

Published by DHSSPS. Tel: 9052 0534 or
www.dhsspsni.gov.uk/foi/Strategies&Action.asp

Home Accident Prevention Strategy and Action Plan, November 2004

Making the Strategy Work - seminar presentations available online
www.rospace.co.uk/ni/strategy

The **Health and Safety Executive** has a website with interactive games for children: www.hseni.gov.uk

ADVOCACY AND CHILDREN'S RIGHTS

Children's Law Centre

CHALKY

A freephone advice and information service for children and young people on children's rights and any legal issue.

Freepost
Bel3837
BELFAST BT15 1BR.

Freephone: 0800 8808 5678,
chalky@childrenslawcentre.org

Information leaflets or other resources

Leaflets available on areas of legal concern, policing, social security, employment, children in care, juvenile justice, the UNCRC, The Human Rights Act, suspensions and exclusions from school and school admissions.

Cost

None

Contact details

Liam Mackle
3rd Floor Philip House
123-137 York Street
BELFAST BT15 1AB

Phone: 028 9024 5704
Fax: 028 9024 5679
Email: liam@childrenslawcentre.org
Website: www.childrenslawcentre.org

Northern Ireland Commissioner for Children and Young People (NICCY)

Individual Complaints

Advocacy services provided to resolve individual issues for children and young people and their parents.

Cost

None

Contact details

Northern Ireland Commissioner for Children and Young People
Millennium House
Great Victoria Street
Belfast BT2 7BN

Phone: 028 9031 1616

Email: info@niccy.org

Website: www.niccy.org

Northern Ireland Preschool Playgroup Association (NIPPA)

Consulting with Young Children

Enables early years practitioners to develop the skills to consult effectively with young children, introduces a variety of methods for consulting with young children and assists in the implementation of these methods in day-to-day practice.

Cost

£60 per hour (members)

£65 per hour (non-members)

Contact Details

The Training Department, NIPPA
6C Wildflower Way
Apollo Road
Belfast BT12 6TA

Phone: 028 9066 2825

Website: www.nippa.org

Northern Ireland Youth Forum

A youth led organisation that lobbies, advocates, promotes and fights for the rights of young people in Northern Ireland. It aims to build the confidence and awareness of all young people so that they can assert their rights.

Youth Impact

A specialised programme for marginalised young people looking at identity, culture, citizenship and rights and responsibilities.

Engage Youth

A youth democracy and political education programme teaching young people about civic life, political processes and democracy.

Contact Details

24a Ann Street, Wilson's Court
Belfast BT1 4EF

Phone: 028 9033 1990
Fax: 028 9023 8157
Email: info@niyf.org
Website: www.niyf.org

Save the Children

Information leaflets

A Guide to Rights – By young people for young people, from the UN Convention.
£2.50 + £1.00 P&P

Save the Children has a range of publications from children's guides to academic reports, teaching packs and training manuals.

Contact details

Charlene Craig, Information Co-ordinator
Save the Children
Popper House
15 Richmond Park
Belfast BT10 0HB

Phone: 028 9043 1123
Email: c.craig@savethechildren.org.uk
Website: www.savethechildren.org

Voice of Young People in Care (VOYPIC)

Advocacy Project

Provides an independent advocacy service for young people who have experience of care (past or present). Available to individuals or groups.

Information leaflets or other resources

- Introducing VOYPIC's Advocacy Service
- How to use VOYPIC's Advocacy Service

Cost

None

Contact details

Karen McAlister, Advocacy Co-ordinator
9-11 Botanic Avenue
BELFAST BT7 1JG

Phone: 028 9024 4888
Fax: 028 9024 2733
Email: Karen@voypic.org
Website: www.voypic.org

BULLYING

Childline

Bullying Line

Dedicated bullying helpline - 0800 441111

Telephone Counselling Service

24-hour telephone helpline available - 0800 1111

CHIPS (Childline in Partnership with Schools)

CHIPS aims to enable young people to develop skills and strategies to keep safe and play an active role in issues that affect their lives.

CHIPS carries out direct work with children and young people and runs training programmes for children, young people and adults. It develops materials and resources for young people and adults and works in partnership with voluntary and statutory organisations.

Information leaflets or other resources

Various information leaflets about Childline as well as specific ones on bullying and exam stress.

Cost

Free to children. Donations from schools welcome

Contact Details

Mr Patrick Shannon, Director
Childline
First Floor, Queens House
14 Queen Street
Belfast BT1 6ED

Phone: 028 9032 7773
Fax: 028 9081 8131
Email: nireland@childline.org.uk
Website: www.childline.org.uk/Nl.asp

North and West Belfast Health and Social Services Trust

Kidscape (Early Years Team)

Provides child protection awareness training for community groups, playgroups, creches, out of schools and all statutory and voluntary organisations working with children and young people. Training sessions are delivered on a variety of subjects:- bullying, child protection, child sexual abuse, physical abuse, emotional abuse, neglect, policies and procedures.

In some instances, training can be provided to children on how to deal with bullying.

Information leaflets or other resources

Various leaflets on child protection and bullying.

Cost

None

Contact Details

Yvonne Kinsella, Social Worker/Allan Liddell, Assist. Principal Social Worker
Early Years Team
124 Stewartstown Road
BELFAST BT11 9JQ

Phone: 028 9060 4208

Email: yvonne.kinsella@nwb.n-i.nhs.uk

Change of Mind Group (Mental Health Promotion)

Video produced called “Turn It Around”, aimed principally at secondary schools. Focus on positive mental health, including coping with bullying.

Contact Details:

Margaret Woods
Mental Health Promotion
Twin Spires
Curran House
155 Northumberland Street
Belfast BT13 2JF

Phone: 028 9041 7400
Email: margaret.woods@nwb.n-i.nhs.uk

Parents' Advice Centre

Information leaflets

‘Bullying: A toolkit for Parents’

Cost

Free, although postage will be charged for multiple (10+) copies.

Contact details

Grainne Maginnis, Regional Training Manager
Fourth Floor, Franklin House
12 Brunswick Street
BELFAST BT2 7GE

Phone: 028 9031 0891
Fax: 028 9031 2475
Email: grainne@pachelp.org
Website: www.pachelp.org

Save the Children

Something to Say - A resource manual for teachers to assist in delivering an anti-bullying programme in primary schools. This resource is the culmination of a practice project with primary school children to identify the effects of bullying on children's lives and to explore what steps they thought could be taken to keep themselves and other children safe.

Bullying - Don't let them Suffer in Silence – A resource to combat bullying and encourage children and young people to speak out about their experiences.
Cost £20.00 + VAT +£3.50 P&P.

Focus on Bullying - guidance and resources for post primary schools.
Cost £5.00 + VAT + £2.00 P&P.

Save the Children has a range of publications from children's guides to academic reports, teaching packs and training manuals.

Contact details

Charlene Craig, Information Co-ordinator
Save the Children
Popper House
15 Richmond Park
Belfast BT10 0HB

Phone 028 9043 1123
Email c.craig@savethechildren.org.uk
Website www.savethechildren.org

Translink

Child Safety Bus

(see entry under Road Safety)

Other useful sources of information

www.bullying.co.uk
www.antibullying.net
www.heads-away-just-say.com

CHILD PROTECTION

Keeping Safe Project

Awareness raising of child protection

A nine hour certificated programme on child protection for the community and voluntary sector covering awareness raising, policy and procedures, recruitment and management issues, code of practice, residential issues.

Awareness raising of child protection needs of children with disabilities.

As above but focusing on issues for children with disabilities.

Designated officer training (child protection)

Follow-up to awareness raising training, exploring the role and responsibility of the designated officer for child protection.

Training includes: Role and responsibility; Making a referral to Social Services; Social Services structures; Post referral; Living and working in same community issues; Confidentiality; Communication issues between community sector and Social Services.

Information leaflets or other resources

- Keeping Safe Project information leaflet
- “Our Duty to Care” guidelines for community organisations
- “Safer Organisations, Safer Children” DHSS&PS
- “Have fun and be safe” (VDA-NSPCC leaflet)

Cost

None

Contact Details

Sheina Rigg
Keeping Safe Project
North & West Belfast Health & Social Services Trust
16 Cupar Street
BELFAST BT13 2LJ

Phone: 028 9026 6859
Fax: 028 9024 0358
Email: sheina.rigg@nwb.n-i.nhs.uk

NIPPA

Child Protection Programme

Aims to increase the knowledge, confidence and competence of staff who work with children in early years settings. Delivered in partnership with Health and Social Services, NICMA and PlayBoard.

Cost

£60 per hour (members)

£65 per hour (non-members)

Contact Details

The Training Department, NIPPA
6C Wildflower Way
Apollo Road
Belfast BT12 6TA

Phone: 028 9066 2825

Website: www.nippa.org

Opportunity Youth

Child Protection Training

Aims to ensure confidence and competence in dealing with child protection issues.

Delivered over two days by accredited trainer, and is available to all adults who work with or have responsibility for children or young people

Cost

Dependent on service

Contact details

Kathleen Grego, Area Manager
Opportunity Youth
Hildon House
31/34 Hill Street
Belfast BT1 2LB

Phone: 028 9043 5810
Fax: 028 9043 5811
Email: kathleen@opportunity-youth.org
Website: www.opportunity-youth.org

Sports Council for Northern Ireland

Code of Ethics and Good Practice in Children's Sport awareness training.

Raises awareness among participants of the issues and responsibilities in relation to child protection. Contact Coaching NI for details (Tel: 9068 6940)

"Taking Time to Listen" – A training resource for designated Children's Officer

Provides the designated Children's Officer with the knowledge and skills to deal with child protection issues in a club/governing body setting, looking beyond basic awareness and concentrating on their role as outlined in the Code of Ethics and Good Practice for Children's Sport. Contact Coaching NI for details (Tel: 9068 6940)

Child Protection in Sport advisory service

In partnership with the NSPCC, this provides a sports focused information and advice service on child protection issues to sports clubs and governing bodies in Northern Ireland. Contact the Child Protection in Sport Unit (Tel: 9035 1135)

Cost

Varies according to programme

Contact Details

John News
Sports Council for Northern Ireland
House of Sport
Upper Malone Road
BELFAST BT9 5LA

Telephone: 028 9038 1222

Fax: 028 9038 3856

Website: www.sportni.net

Volunteer Development Agency

Effective use of Pre-Employment Consultancy Service (PECS)

One day training programme providing operational guidance on the use of PECS.

Child Protection – the new legislation

Free half-day training raising awareness of the implications of the Protection of Children and Vulnerable Adults Order on voluntary/community groups.

Disability and Child Protection

Two-day training programme explores child protection issues and good practice which will help organisations create a safe and inclusive environment.

Information leaflets or other resources

- Our Duty to Care principles of good practice for the protection of children
- Getting it Right – Standards of good practice for child protection
- Have Fun and Be Safe – parents leaflet
- PECS – Simple Guidelines

All above documents are free and downloadable from the website.

Cost

PECS training and Disability and Child Protection training - £10

Child Protection - the new legislation - free.

Contact details

Our Duty to Care
Volunteer Development Agency
58 Howard Street
BELFAST BT1 6PG

Phone: 028 9023 6100
Fax: 028 9023 7570
Email: odtc@volunteering-ni.org
Website: www.volunteering-ni.org

COUNSELLING AND HELPLINES

Barnardo's

Child Bereavement Service

Provides individual and group support to bereaved children and young people aged 4-18 years. Parents/carers and professionals work with the children and an advice, information and guidance service is available for parents and professionals.

Contact Details

453 Ormeau Road
Belfast BT7 3GQ

Phone: 028 9040 3000
Fax: 028 9079 2419
Website: www.barnardos.org.uk

Belfast and Lisburn Women's Aid

Freephone Helpline 0800 917 1414

(Full information included in Domestic Violence section)

Childline

Telephone Counselling Service

24-hour telephone helpline available - Freephone 0800 1111

Cost

Free to children.

Contact Details

Mr Patrick Shannon, Director
Childline
First Floor, Queens House
14 Queen Street
Belfast BT1 6ED

Phone: 028 9032 7773
Fax: 028 9081 8131
Email: nireland@childline.org.uk
Website: www.childline.org.uk/NI.asp

Contact Youth Counselling Service

Youthline

Telephone counselling service for young people at risk.
Freephone 0808 808 8000. Runs five nights per week Mon – Fri 4.00 pm - 9.00 pm.

Face to face counselling

Provides a counselling service for 11-25 year olds throughout Northern Ireland. Counselling is delivered in schools, youth groups, community centres, its headquarters on the Ravenhill Road, Belfast, and city centre venues. It also offers art therapy at the Ravenhill Road site.

Schools Counselling Service

Contact Youth, in partnership with Belfast Education and Library Board, offers an independent counselling service in post-primary schools in Belfast.

Information leaflets or other resources

Wide variety of leaflets available for young people.

Cost

Service is free to users but donations are welcome.

Contact details

Norma Patterson
Contact Youth
139 Ravenhill Road
BELFAST BT6 8DR

Phone: 028 9045 7848
Fax: 028 9045 5656
Email: info@contactyouth.org
Website: www.contactyouth.org

Dunlewey Substance Advice Centre

Counselling Advice & Support

Advice and support for all young people and their family and friends affected directly or indirectly by all forms of substance misuse.

Information leaflets or other resources

- DSAC services. Counselling 'What it means'.
- Substance misuse information for users.
- Substance misuse information for parents.

Cost

None

Contact details

Counselling Team
22 Cliftonville Road
BELFAST BT14 6JY

Phone: 028 9074 3999
Email: dsaccliftonville@btconnect.com

Lenadoon Community Counselling Project

Provides one-to-one counselling for children and young people aged 10 years upwards.

Cost

None

Contact Details

Patricia McQuillan, Manager
41a Suffolk Road
Belfast BT11 9PE

Phone: 028 9061 5319

New Life Counselling

Children's Project

Counselling services for individuals or groups, for children aged 5 - 12.

Youth Project

Counselling services for individuals or groups, for young people aged 12 - 25.

Family Project

Counselling services for family units, up to age 60 yrs. Family members can also avail of individual services.

Health Promotion

Outreach educational programme in schools and other settings, in partnership with other organisations.

All programmes are available daytime and evening, either in the centre or in other appropriate settings.

Information Leaflets or other resources

Information leaflets and posters for child and youth projects.

Cost

None

Contact Details

New Life Counselling Service
25 Ardoyne Road
Belfast BT14 7HX

Phone: 028 9039 1630
Fax: 028 9072 9131
Email: newlifecservice@btconnect.com

Opportunity Youth

Peer Mentoring Service

Confidential support provided to young people, by young people, on any issue.

Cost

Free

Contact details

Gavin Quinn, Peer Mentoring/Counselling/Advocacy Manager
Opportunity Youth
30 Hill St
BELFAST BT1 2LB

Phone: 028 9043 5810
Fax: 028 9043 5811
Email: gavin@opportunity-youth.org
Website: www.opportunity-youth.org

Parents Advice Centre

Helpline

Confidential support provided to anyone facing family difficulties, including issues of child safety. Face-to-face, by telephone, or by email. Helpline available Monday-Friday including most evenings. Freephone 0800 801 0722.

Information leaflets or other resources

The Helpline maintains stocks of information leaflets on related services and organisations.

Cost

Free

Contact details

Grainne Maginnis, Regional Training Manager
Fourth Floor, Franklin House
12 Brunswick Street
BELFAST BT2 7GE

Phone: 028 9031 0891
FREEPHONE 0800 8010 722
Fax: 028 9031 2475
Email: grainne@pachelp.org
Website: www.pachelp.org

Other sources of information and support:

www.there4me.com (On screen advice for 12-16yr olds)

www.heads-away-just-say.com (information and support for young people on a wide range of issues)

Samaritans - Tel: 028 9066 4422

Relate Teen (for young people whose parents are divorcing or separating) Tel: 028 9032 3454

Cruse Bereavement Care (for those who have suffered the death of someone close to them) Tel 0870 167 1677

DISABILITY

It is not possible in this directory to provide comprehensive information on all services for children with a disability.

We have therefore listed organisations which can provide a signposting and information service.

Disability Action

Disability Action provides specialist advice and information on disability issues (physical, mental, sensory and hidden) to people with disabilities, their families and members of the public.

Contact Details

Disability Action
Portside Business Park
189 Airport Road West
Belfast BT3 9ED

Phone: 028 9029 7880
Fax: 028 9029 7881
Textphone: 028 9029 7882
Email: info@disabilityaction.org
Website: www.disabilityaction.org

MENCAP

Mencap provides an information service on all issues regarding learning disability and organisations providing services in North and West Belfast.

Contact Details

Mencap
Segal House
4 Annadale Avenue
Belfast BT7 3JH

Information Service: 0845 763 6227 (local rate)
Phone: 028 9069 1351
Fax: 028 9064 0121
Email: mencapni@mencap.org.uk
Website: www.mencap.org.uk

NIPPA

Working with Children with Special Needs

Course to develop participants' knowledge, understanding, confidence and competence when working with children with a variety of special needs.

Working with Children with Specific Special Needs

Course examining how to meet the specific special needs most often found in early years settings - Cerebral Palsy, Autistic Spectrum Disorders, Down's Syndrome, ADHD, visual impairment, hearing impairment, language impairment.

Pre-School Children with Autism: Keyhole Early Intervention Project in Autistic Spectrum Disorder

Course on enhancement of knowledge about Autism, examining intervention strategies which are effective in assisting young children to achieve their full potential. In partnership with PAPA: the NI Autism Charity.

Cost

£60 per hour (members)

£65 per hour (non-members)

Contact Details

The Training Department, NIPPA

6C Wildflower Way

Apollo Road

Belfast BT12 6TA

Phone: 028 9066 2825

Website: www.nippa.org

North and West Belfast Health and Social Services Trust

E-Directory:

NWBHSST has developed an e-directory of services for children with a disability.

It is available at www.nwdir.org

Physical Health and Disability Programme

Works with children with a disability and provides support services.

Learning Disability Programme

Works with children with a learning disability.

Contact details

PH&D Programme/Learning Disability Programme

Everton Complex

585-587 Crumlin Road

BELFAST BT14 7GB

Phone: 028 9056 6000

Fax: 028 9056 6066

Northern Ireland Deaf Youth Association (NIDYA)

Offers a youth service, a training service, a mentor service and volunteer service for the young Deaf and hard of hearing community in Northern Ireland.

Contact Details

Wilton House
5 College Square North
Belfast BT1 6AR

Phone 028 9043866
Email info@nideafyouthassociation.org.uk
Website www.nidya.org.uk

Royal National Institute for the Blind (RNIB)

RNIB Northern Ireland provides a wide range of specialist services to meet the practical needs of people with serious sight problems.

Contact Details

40 Linenhall St
Belfast BT2 8BA

Helpline 0845 7669999
Email rnibni@rnib.org.uk
Website www.rnib.org.uk

Upper Springfield Development Trust

Action on Disability Project

Promotes the inclusion of persons with disabilities into every aspect of community life in West Belfast.

Information leaflets or other resources

Leaflets, videos, audiocassettes on various organisations who support the inclusion and empowerment of persons with disabilities.

Contact details

Ann-Marie McCormick
USDT Action on Disability Project
689 Springfield Road
BELFAST BT12 7FP

Phone: 028 9023 6677
Fax: 028 9023 1074
Email: ann-marie.mccormick@usdt.co.uk

Other useful sources of information

DIAL UK is a National Helpline for disability information and advice
Phone 01302 310123

174 Trust - community-based service on the Antrim Road, Belfast.
Tel: 028 9074 7114

PHAB Northern Ireland Inclusion Matters

Tel: 028 9074 6555

DOMESTIC VIOLENCE

Barnardo's

Domestic Violence Outreach Service

Safety work with children and young people who have experienced domestic violence. Educates and provides children and young people with safety strategies when domestic violence is a concern to their family. Supports children/young people in their understanding of domestic abuse and how it impacts on them.

Information leaflets or other resources

- Service information leaflet for women and children.
- Specific child protection policy and information on how the service operates regarding Barnardo's policies of recording child protection, health and safety and complaints.

Who can access the service?

Children and young people who are known to Social Services because of concerns regarding domestic abuse in the families. Women who have experienced domestic abuse and are receiving support from social services. Referral through Ulster Community Hospitals Trust Social Services.

Cost

None

Contact details

Maddie Bell
Barnardos Domestic Violence Outreach
46a Regent Street
NEWTOWNARDS BT23 4LP

Phone: 028 9182 8707
Email: maddie.bell@barnardos.org.uk

Belfast and Lisburn Women's Aid

Helpline

24 hour freephone helpline - 0800 917 1414. (Telephone number will not appear on telephone bills).

Emergency Refuge Accommodation

Offers refuge accommodation to women and children experiencing domestic violence.

Floating Support Team

Offers outreach support to women and children within the community who are experiencing domestic violence.

Children's Peer Support Group

Offers 8 – 12 year old children who have experienced domestic violence support, self-development programmes and activities around keeping themselves safe.

Young Person's Peer Support Group

Offers 13 – 18 year old young people who have experienced domestic violence support, self-development programmes around keeping themselves safe.

Domestic Violence Awareness Training and Impact on Children

Offers any group or organisation awareness training in domestic violence and the impact on children.

“Heading for Healthy Relationships” / “No Fear”

Offers young people within schools and youth clubs workshops on healthy and unhealthy relationships.

“No Fear” Pack

Offers other professionals working with young people a prevention resource around relationships/domestic violence.

“Helping Hands”

Offers primary schools children workshops around feeling safe/unsafe and support networks.

“Helping Hands” Pack

Offers other professionals working with primary school aged children a resource around safety and support networks.

Prevention Material Training

Offers other groups and professionals working with young people and children training in using the prevention resources.

Information leaflets or other resources

Helpline cards, outreach and refuge leaflets, prevention packs – “Helping Hands” and “No Fear”

Cost

- Charge for awareness training, protective behaviours and training on prevention pack use only – dependent on organisation asking for training.
- Donations also gratefully received for prevention workshops.

Contact Details

Ms Patricia Lyness
49 Malone Road
BELFAST BT9 6RY

Freephone Helpline 0800 917 1414.
Phone: 028 9066 6049
Fax: 028 9068 2874
Email: admin@belfastwomensaid.org.uk
Website: www.belfastwomensaid.org.uk

FAMILY SUPPORT

Barnardo's

Parenting Matters

Promotes positive childhood experiences by working with parents and communities, providing parenting education programmes in schools, community centres, nurseries, playgroups and other settings.

Young Parents Network

Provides community-based support to young parents aged 22 or under and their children. Services include an education programme for school age mothers and preventative work with young people about teenage pregnancy.

Information leaflets or other resources

- Support and Information for Parents of Teenagers
- A Guide for Families when Dad is in Prison
- Staying in Touch: A Guide for Fathers in Prison
- Fair Play: Talking with Children about Prejudice and Discrimination
- Parenting in a Divided Society - resource pack

Single copies are free. For larger quantities, a small charge may be required.

Contact Details

Parenting Matters
453 Ormeau Road
Belfast BT7 3GQ

Young Parents Network
230 Belmont Road
Belfast BT4 2AW

Phone: 028 9049 1081

Fax: 028 9049 2802

Phone: 028 9047 3856

Fax: 028 9047 3854

Email: niparenting.matters@barnardos.org.uk

ni.youngparents@barnardos.org.uk

Website: www.barnardos.org.uk

Bryson House

Family Support Service

Offers practical and emotional support to families who are under stress upon written application from social worker.

Cost

None

Contact Details

Ms Catherine Whinnery
Bryson House
28 Bedford Street
BELFAST BT2 7FE

Phone: 028 9032 5835

Clan Mor Sure Start

Early years service for parents with children aged 0 to 4 years old in the Falls and Clonard electoral ward areas of Belfast.

Diet Health Nutrition

Encourages parents to cook healthy nutritious foods for and with their children.

Why Play?

Enables parents to understand children's needs in play.

Drug Awareness

Enables parents to understand drugs and their use.

First Aid

First aid awareness for families.

Family support

Supports parents in their endeavours to raise their children in healthy happy environments.

Information leaflets or other resources

HPA leaflets, safety in sun, child safety and the internet, etc.

Contact Details

Clan Mor Sure Start
Maureen Sheehan Centre
106 Albert Street
BELFAST BT12 4HL

Phone: 028 9032 7755
Fax: 028 9032 7747
Email: clanmorestart@btconnect.com
Website: www.clanmorsurestart.org
www.theonlinepub.com

Health Promotion Agency

Information leaflets or other resources

Birth to five book – available only to first-time mothers and provided through ante natal clinics via Health Visitor.

Contact details

Website: www.healthpromotionagency.org.uk
www.healthpromotionagency.org.uk/resources/children/birthtofive2003.htm

NIPPA

Involving Parents/Carers: Creative Partnerships in Action

Course to enable practitioners to create effective partnerships with parents, giving value to the role of the parent in their child's learning.

This is Me

Support for parents and practitioners to develop an understanding of stages of child development 0-3 years, raising awareness of appropriate materials and resources, and encouraging a systematic approach to observation for babies and toddlers.

Cost

£60 per hour (members)

£65 per hour (non-members)

Contact Details

The Training Department, NIPPA
6C Wildflower Way
Apollo Road
Belfast BT12 6TA

Phone: 028 9066 2825

Website: www.nippa.org

North and West Belfast Health and Social Services Trust

Health Visiting Service

Universal service provided to all families with pre-school children. All families receive, as a minimum, the child health surveillance programme. Following a family health/needs assessment the majority of families within N&WBHSST receive additional support visits from their Health Visitor.

The Trust Health Visiting Service is currently working with Belfast City Council to set up a scheme which will provide low income families with free child safety equipment.

Information leaflets or other resources

Health Visitors provide families with written information to support health education and promotion eg PCHR, Birth-5 years book, Foundation for the Study of Infant Death leaflet on cot deaths/co-sleeping, Keep Your Baby Safe, etc.

Cost

None

Contact details

Kim McCabe
Lancaster Street Clinic
43 Lancaster Street
BELFAST BT15 1EZ

Phone: 028 9043 8401

Fax: 028 9074 3364

NSPCC

Programme: Quality Parenting Family Support

Ensures the needs of vulnerable parents/carers to effectively safeguard their children are met by the provision of direct services. Includes: parenting assessments, parenting skills development, managing children's behaviour, self-protection work for children.

Information leaflets or other resources

- 'Handle with care' – advice on holding and caring for baby
- Have fun and be safe
- 'Home alone' – advice for parents leaving children unsupervised
- Not naughty, but normal
- Out Alone
- Protecting your baby
- 'Worried – need to talk?' – helps young people deal with difficulties
- Child Protection is everyone's responsibility
- Encouraging better behaviour
- Listening to children
- Protecting babies and toddlers
- Putting children first
- 'Get ready' ante-natal magazine
- Baby's first year
- 'Family Life' Education Pack
- 'Take Care' – resource pack for primary schools.

A wide range of materials from NSPCC Policy Practice Series can be purchased from NSPCC Publications

Contact Details

Margaret McAlister
Old Lodge Centre
2 Glentilt Street
BELFAST BT13 1GF

Telephone: 028 9080 3318
Fax: 028 9080 3332
Email: mmcalister@nspcc.org.uk
Website: www.nspcc.org.uk

Opportunity Youth

Training: Parental Guidance Advisable

Interactive, experiential programme available to groups of parents who are finding their children's/young people's behaviour a challenge.

Cost

Can be negotiated

Contact Details

Gavin Quinn, Manager
Opportunity Youth
30-34 Hill St
Belfast BT1 2LB

Telephone: 028 9043 5810
Fax: 028 9043 5811
Email: gavin@opportunity-youth.org
Website: www.opportunity-youth.org

Parents Advice Centre

Helpline

Confidential support provided to anyone facing family difficulties, including issues of child safety, face-to-face, by telephone or by email. Helpline available Monday-Friday including most evenings. Freephone 0800 801 0722

Training: Parent Support and Guidance course

Accredited programme to develop skills, knowledge and values to prepare participants for Helpline Volunteer role.

Real Life Parenting

Accredited programme explores and develops an understanding of parenting issues in the context of personal and community life.

Parents Plus

Short tailored courses for groups of parents to explore and develop an understanding of specific parenting issues.

Alternatives to Physical Punishment Training

Short courses for workers involved with children and parents to stop the use of physical punishment with children and provide alternatives.

Information leaflets or other resources

- Leaflets are available on most services.
- The Helpline maintains stocks of information leaflets on related services and organisations.
- PAC'S 'Bullying: A toolkit for Parents' is available free, although postage will be charged for multiple (10+) copies.

Cost

Free to individual parents; training costs for groups are negotiable.

Contact details

Grainne Maginnis, Regional Training Manager
Fourth Floor, Franklin House
12 Brunswick Street
BELFAST BT2 7GE

Phone: 028 9031 0891
Fax: 028 9031 2475
Email: grainne@pachelp.org
Website: www.pachelp.org

Shankill Sure Start

Provides opportunities for children, their parents and families to develop in a holistic way in the greater Shankill area.

The project operates from 3 family centres situated in lower, mid and upper Shankill and provides a range of services for families with children aged 0-4 years living within the greater Shankill area.

Information leaflets or other resources

- Project leaflet outlining programmes and services within the three family centres.
- Monthly calendar of events for each centre.

Cost

None

Contact details

Irene Cooke
Alessie Centre
60 Shankill Road
BELFAST BT13 2BB

Phone: 028 9087 4000
Fax: 028 9087 4009
Email: Irene@earlyyears.org.uk

Smile Sure Start

Smile Sure Start employs a team of Family Support workers who can deliver information and guidance on a range of childcare related topics including child safety. Open to parents/carers of children aged 0-4 years in Duncairn, New Lodge, Waterworks and Mt Vernon.

Cost

None

Contact details

Smile Sure Start
Unit 6 North City Business Centre
2 Duncairn Gardens
BELFAST
BT15 2GG

Phone: 028 9075 6654

Upper North Belfast Sure Start

This is a partnership of community, voluntary, and statutory organisations to develop Sure Start services in the Ardoyne and Cliftonville wards, a reshaping of the previous Kids 'n Kin programme.

Contact Details

Liz Fleming
C/o Allan Liddell, Early Years Manager
NWBHSST
124 Stewartstown Road
BELFAST BT11 9JQ

Phone: 028 9060 4208

Other sources of information

Safe Parenting Handbook - due to be published in 2005 by the Department of Health, Social Services and Public Safety in conjunction with the four Area Child Protection Committees. It will be available through the Eastern Health and Social Services Board (Tel: 028 9032 1313) and the North and West Belfast Health and Social Services Trust (Tel 028 9032 7156).

West Belfast Parent Youth Support Group

Tel: 028 9023 6669

INTERNET SAFETY

Eastern Health and Social Services Board

Information leaflets or other resources

- Helping your parents be cool about the Internet (an internet safety guide for young people)
- Keeping up with your child on the Internet (an internet safety guide for parents and carers)

Both leaflets have been distributed through schools. They are also available to be downloaded at www.kidsmart.org.uk

Cost

None

Contact details

Eastern Health and Social Services Board

Champion House

12-22 Linenhall Street

Belfast BT2 8DH

Phone: 028 9032 1313

Northern Ireland Area Child Protection Committees

Tel: 028 3741 4614

Internet awareness

The following are useful websites giving information about internet safety.

www.bbc.co.uk/webwise/
www.childnet-int.org/
www.citizenonline.org.uk/
www.disney.co.uk/DisneyOnline/Safesurfing/
www.getnetwise.org/
www.iwf.org.uk
www.kidsmart.org.uk/
www.nch.org.uk/itok/
www.netfamilynews.org/
www.netmom.com/
www.nspcc.org.uk/html/home/needadvice/helpyourchildsurfinsafety
www.safekids.com/
www.safety.ngfl.gov.uk/
www.safewiredschools.cosn.org/
www.thinkuknow.com/
www.websafecrackerz.com
www.wiredpatrol.org/
www.wisekids.org.uk/

LIFESKILLS

Belfast City Council - Community & Recreation

Lifesaving clubs/sessions

These aim to preserve life and promote recovery through water safety, life guarding, life support, first aid, resuscitation techniques.

Self defence

This programme develops lifeskills through self defence/martial arts which focus on common sense resolutions, diplomatic methods, strategy, tactics.

Information leaflets or other resources

Literature is available at each of the leisure centres that Belfast City Council operate.

Cost

Varies from centre to centre: approximately £1.85 per session for a child; monthly membership from £12 per month. Casual hire is available for one-off or activity booking.

Contact details

Cormac McCann
Belfast City Council
4-10 Linenhall Street
BELFAST BT2 8BP

Phone: 028 9032 0202
Fax: 028 9024 4301
Email: belfastleisure@belfastcity.gov.uk
Website: www.belfastcity.gov.uk/leisure/contact/asp

Andersonstown Leisure Centre
Andersonstown Road
Belfast BT11 9BY
02890 625 211

Ballysillan Leisure Centre
Ballysillan Road
Belfast BT14 7QP
02890 391 040

Beechmount Leisure Centre
Falls Road, Belfast
Belfast BT12 6FD
02890 328 631

Grove Leisure Centre
York Road
Belfast BT15 3HF
02890 351 599

Shankill Leisure Centre
100 Shankill Road
Belfast BT13 2BD
02890 241 434

Whiterock Leisure Centre
Whiterock Road
Belfast BT12 5HQ
02890 233 239

Falls Swim Centre
Falls Road, Belfast BT12 6FD
02890 500 510

Include Youth

The Give and Take Scheme

Improves the employability and increases the self esteem and confidence of vulnerable young people aged between 16 and 21 through supported work placement, training, and personal development programmes.

The New Leaf Project

Improves the employability and increases the self esteem and confidence of young people who have displayed sexually harmful behaviour through supported work placement, training, and 1-1 work. For young people aged 16-21 who are unable to access mainstream training/employment, who have a history of sexually harmful behaviour and who have engaged positively with a therapeutic project. Referral from Social Worker or Probation Officer.

Cost

Cost varies from year to year.

Contact details

Paddy Mooney
The Give and Take Scheme
Alpha House
3 Rosemary Street
BELFAST BT1 1QA

Phone: 028 9031 1007
Fax: 028 9024 4436
Email: paddy@includeyouth.org
Website: www.includeyouth.org

North and West Belfast Health and Social Services Trust

Life Education Project

Works in partnership with primary and nursery schools and engages with others in the community to enable children to develop the confidence and thinking skills to make informed health choices by:

- Contributing to life-skills and health education programmes;
- Educating children about the effects and risks associated with use of drugs, including alcohol and tobacco;
- Working with and supporting parents, carers, teachers and others in the community in communicating healthy lifestyle messages effectively.

Information leaflets or other resources

- PSHE and Citizenship including Drug Education: Support for schools. (A comprehensive guide to Life Education's work with schools and their communities)
- Parents: What is Life Education?

Cost

None

Contact Details

Berni Donaghy
Life Education Project
124 Stewartstown Road
BELFAST BT11 9JQ

Phone: 028 9060 4208
Fax: 028 9060 2968
Email: berni.donaghy@nwb.n-i.nhs.uk

Opportunity Youth

Life Skills

Offers young people the skills and information to keep themselves safe. The accredited programme, delivered over 30 hours, covers all areas of risk-taking and looks at issues that affect children and young people's safety.

Safer Dancing

Aims to ensure young people are given the opportunity for support in situations when they are most vulnerable i.e. dance events, concerts, etc.

Cost

Varies

Contact details

Cara McHugh, Office Manager
Opportunity Youth
Hildon House
31/34 Hill Street
Belfast BT1 2LB

Phone: 028 9043 5810
Fax: 028 9043 5811
Email: cara@opportunity-youth.org
Website: www.opportunity-youth.org

Police Service of Northern Ireland

Programme: CASE – Citizenship and Safety Education

1. To contribute to the preparation of young people in their transition to adult life.
2. To promote attitudes, values and skills for personal and social development and positive citizenship.
3. To promote mutual understanding between young people from different backgrounds.
4. To establish and reinforce productive and positive contact between police officers and young people through schools.

The CASE programme is co-ordinated and delivered by Community and Schools Involvement officers in conjunction with Community Beat officers.

The programme covers:

1. Crime Prevention
 - Role of the Police
 - Vandalism and Graffiti
2. Personal & Community Safety
 - Personal Safety (Bullying, Peer Pressure, Internet Safety)
3. Ourselves and Others
 - My Rights
 - When my Rights are Abused
 - When the Rights of Others are Abused
 - Dealing with Differences
4. Young People and the Law
 - Laws – why do we need them?
 - Breaking the Law
 - Restorative Justice
5. Health Education
 - Smoking
 - Alcohol
 - Drugs and the Law
 - Solvent Abuse

Programme: URZONE WEBSITE - www.urzone.com

Interactive learning packages and advice and guidance

- Engages directly with a difficult to reach audience.
- Promotes personal and health issues (relating to drug/alcohol abuse).
- Alerts young people to the consequences of criminal behaviour.
- Informs young people about the roles and responsibilities of the Police Service of Northern Ireland.

Information leaflets or other resources

- An introduction to CASE Programme
- Citizenship and Safety Key Stage 2 and 3 booklets (Key Stage 4 will be available in the near future)
- “urzone” leaflet
- Safety and Advice for the Student

Cost

None

Contact details

Community Safety Office
Antrim Road
BELFAST
BT15 5AA

Community Safety Office
Woodbourne Police Station
139 Stewartstown Road
BELFAST
BT11 9NB

028 9065 0222
ext. 30208

028 9025 9909
028 9065 0222

Email: Edwin.Alcorn@psni.pnn.police.uk
Nigel.Carse@psni.pnn.police.uk
lynne.mccullough@psni.pnn.police.uk
gary.ballentine@psni.pnn.police.uk

Website: www.psni.police.uk

Training for Life Programme

Training for Life Programme

Delivers health and social education programmes to young people aged 11 – 25 in schools, youth clubs, community centres, etc.

Cost

None

Contact details

Gary Symington
Training for Life Programme
Top of the Rock
689 Springfield Road
BELFAST BT12 7FP

Phone: 028 9023 6677
Fax: 028 9023 1074
Email: gary.symington@usdt.co.uk

PHYSICAL PUNISHMENT

Parents Advice Centre

Alternatives to Physical Punishment Training

Short courses for workers involved with children and parents to stop the use of physical punishment with children and provide alternatives.

Cost

Training costs for groups are negotiable.

Contact details

Sandra Couser
Fourth Floor, Franklin House
12 Brunswick Street
BELFAST BT2 7GE

Phone: 028 9031 0891
Fax: 028 9031 2475
Email: grainne@pachelp.org
Website: www.pachelp.org

Save the Children

It's a Hit not a "Smack" – a booklet about what children think about being hit or smacked by adults

Goretti Horgan, 2002, free

Contact details

Charlene Craig, Information Co-ordinator
Save the Children, Popper House
15 Richmond Park
Belfast BT10 oHB

Phone: 028 9043 1123
Email: c.craig@savethechildren.org.uk
Website: www.savethechildren.org

PLAY

Belfast City Council - Recreation & Community Development

Playright Training pack

Increases awareness of issues around good practice with regard to play through a video, training notes and overheads.

Play for All resource pack

Provides information to develop inclusion within play projects through a video and information leaflets.

Playwork Code of Practice

Provides information on health & safety, organising trips, medication, registration and good practice guidelines.

Parents Information Folder

Provides parents with awareness of good practice issues in summer schemes.

Transport and Venue Book

Provides play projects with information on external venues and transport services, health and safety and policy issues for trips.

Cost

Training is mainly provided free. Playwork Code of Practice, Parents Information Folder and Transport and Venue Book are also provided free. Nominal charge for the packs. Some of the resources are available through the website.

Contact details

Blanche Thompson
Belfast City Council
Cecil Ward Building
4-10 Linenhall Street
BELFAST BT2 8BP

Tel: 028 9032 0202
Fax: 028 9032 5367
Email: play@belfastcity.gov.uk
Website: www.belfastcity.gov.uk/community.asp

NIPPA

Introductory Course in Play and Care for Young Children

Course for parents with children up to 7 years who want a basic understanding of play and its importance in the development of young children

Working with the Under 3's

Course for practitioners and parents to develop the skills of babies and toddlers with regard to play materials.

Cost

£60 per hour (members)

£65 per hour (non-members)

Contact Details

The Training Department, NIPPA
6C Wildflower Way
Apollo Road
Belfast BT12 6TA

Phone: 028 9066 2825

Website: www.nippa.org

PlayBoard

Addressing Disability in Playwork

Practical activities are provided that seek to highlight and address those barriers that may exist in the development of an inclusive play environment.

Games Not Names

Provides playworkers with the space and time to explore the impact of discrimination and bias on play and playwork.

Play Development Training

Enhances the knowledge and skills of playworkers and co-ordinators in the provision of quality play opportunities for children. The course explores the fundamental role of play in children's development, different kinds of play opportunities, different models and theories that underpin quality playwork, the role of the playworker and the co-ordinator and planning of a play focused programme.

Fit For Play Award

Aims to improve the long-term health and wellbeing of children aged 4-14 years by supporting play-focused provision and staff. There are three modules focusing on the importance of play in a child's development, physical activity and healthy eating.

All courses are designed for people working with primary school age children in play focused provision.

Cost

For a course for 8-25 people:

Addressing Disability in Playwork - £900

Games Not Names - £1,127

Play Development Training - £960

Fit For Play - free for members of PlayBoard

Contact details

Suzi Gray (or Lorraine Murphy for Fit For Play)

PlayBoard

59-65 York Street

BELFAST BT15 1AA

Phone: 028 9080 3380

Fax: 028 9080 3381

Email: suzi.gray@playboard.co.uk / lorraine.murphy@playboard.co.uk

Website: www.playboard.org

PREJUDICE AWARENESS

Barnardo's

Information booklet

Fair Play: Talking with Children about Prejudice and Discrimination

Cost

Single copies are free. Small charge for multiple copies.

Contact Details

Barnardo's Parenting Matters
453 Ormeau Road
Belfast BT7 3GQ

Phone: 028 9049 1081
Fax: 028 9049 2802
Email: niparenting.matters@barnardos.org.uk
Web: www.barnardos.org.uk

Community Relations Council Resource Centre

Information leaflets or other resources

- Publications for youth workers, children and young adults.
- Range of resources - videos, books, CD-ROMs and training packs.
- Reference library available

Contact Details

Catherine Curran
Community Relations Resource Centre
21 College Square East
Belfast BT1 6DE

Phone: 028 9022 7555
Email: catherinecurran@community-relations.org.uk
Website: www.community-relations.org.uk

NICIE (Northern Ireland Council for Integrated Education)

Anti-bias Training Programme

Gives participants an opportunity for a personal and professional exploration of diversity leading to the implementation of the Anti-Bias Curriculum. Gives participants an opportunity to examine how they might challenge bias and discrimination when working with children, young people and colleagues.

Information booklet

The Anti-Bias Curriculum (1998)

Contact Details

The Community Relations Officer, NICIE
Aldersgate House
13-19 University Road
Belfast BT7 1NA

Phone: 028 9023 6200
Fax: 028 9023 6237
Email: nlynagh@nicie.org.uk
Website: www.nicie.org.uk

NIPPA

Training programmes

Challenging Discrimination in Early Years - practical series of workshops to look at ways of providing equal opportunities in an early years setting.

Challenging Sectarianism in Early Years - exploration of the effects of sectarianism in the early years.

Creating Awareness of Sectarianism - for practitioners to consider anti-sectarianism in early years settings and use strategies to effectively challenge sectarian behaviour.

Resource Pack

Respecting Difference - uses cartoon advertisements to build a better understanding of physical, social and cultural differences in very young children.

Cost

£60 per hour (members)

£65 per hour (non-members)

Contact Details

The Training Department, NIPPA
6C Wildflower Way
Apollo Road
Belfast BT12 6TA

Phone: 028 9066 2825

Website: www.nippa.org

Opportunity Youth

Community Relations Programme

Provides training, advice and information to young people, adults and communities on all aspects of Community Relations.

Cost

Can be negotiated

Contact Details

Clare Grehan, Community Relations Manager
Opportunity Youth
30-34 Hill St
Belfast BT1 2LB

Phone: 028 9043 5810

Fax: 028 9043 911

e-mail: clareg@opportunity-youth.org

Website: www.opportunity-youth.org

PlayBoard

Games Not Names

Provides playworkers with the space and time to explore the impact of discrimination and bias on play and playwork. The course includes: examination of language; myth and stereotypes; overview of legislation; modes of communication; the importance of play to holistic child development; and the language of playwork.

Suitable for those working with primary school age children in play-focused provision.

Cost

£1,127 for a course for 8-25 people

Contact details

Suzi Gray
PlayBoard
59-65 York Street
BELFAST BT15 1AA

Phone: 028 9080 3380
Fax: 028 9080 3381
Email: suzi.gray@playboard.co.uk
Website: www.playboard.org

Save the Children

Information leaflets

'Fairplay' – talking with children about prejudice and discrimination.
Dr Paul Connolly, 2002, free

'Think of me, Think of you' – Anti-discrimination training resource for young people by young people. 2004, free.

Save the Children has a range of publications from children's guides to academic reports, teaching packs and training manuals.

Contact details

Charlene Craig, Information Co-ordinator
Save the Children
Popper House
15 Richmond Park
Belfast BT10 0HB

Phone: 028 9043 1123
Email: c.craig@savethechildren.org.uk

Other sources of information

NICEM (Northern Ireland Council for Ethnic Minorities)
Tel: 028 9023 8645

RESTORATIVE JUSTICE

Community Restorative Justice Ireland

CRJI

Encourages all those in a particular dispute to come together to resolve it through crime prevention/mediation services, family group conferences.

CRJI Schools

Resolves disputes in schools and the community through non-violent dispute resolution techniques.

Information leaflets or other resources

Various leaflets available

Cost

None

Contact details

Jim Auld

Community Restorative Justice Ireland

1st Floor, Slemish Buildings

105 Andersonstown Road

BELFAST BT11 9BS

Phone: 028 9030 1521
Fax: 028 9062 4045
Email: infocrji@yahoo.co.uk
Website: www.restorativejusticeireland.org

Greater Shankill Alternatives/North Belfast Alternatives

Intensive Youth Support

Restorative Justice approach to help young offenders address their offensive behaviour. Development of contract of restitution – alternative to paramilitary punishment violence.

Information leaflets or other resources

General information flyer and booklets describing the work of Alternatives.

Cost

None

Contact Details

Billy Drummond
Greater Shankill Alternatives
64 Woodvale Road
BELFAST BT13 3BU

Phone: 028 9031 1420
Fax: 028 9031 1490
Email: alternativesrj@btclick

Joan Totten
North Belfast Alternatives
The Community House
32 Sunningdale Gardens
Belfast BT14 6SJ

Phone: 028 9071 7077
Fax: 028 9071 4998
Email: n.b.a@btconnect.com

Youth Justice Agency

Youth Conference Service

Aims to balance the needs of the victim and the young offender (aged 10-16) by together agreeing plans of action which satisfy the victim and create opportunities for the young person to make amends and stop committing crime.

It organises restorative justice conferences between young offenders and the victim. These meetings are arranged either at the request of the Public Prosecutor or the Youth Court.

Contact Details

Youth Conference Service
41-43 Waring Street
Belfast BT1 2DY

Phone: 028 9031 6418
Fax: 028 9031 6401
Email: info@yicsni.gov.uk
Website: www.youthconferenceserviceni.gov.uk

ROAD SAFETY

DOE Road Safety Education Officer Service

Road Safety Education and Training

Comprehensive education and training programmes provided for all schools.

Practical Child Pedestrian Skills Training

Carried out by Road Safety Education Officers at selected schools to enhance safety for child pedestrians.

Cycle Training Scheme

Training child cyclists to pass Cycle Proficiency Tests. Available to all schools for pupils aged 9 and over.

Teacher Training

Available to all schools to increase the amount and quality of Road Safety Education and Training within schools.

Theatre in Education

Provision of theatre tours to both Primary and Post Primary schools to increase the awareness of school pupils on various Road Safety issues and change attitudes.

Driver Training Scheme

To provide professional tuition to school students aged 17 and over.

Child in car safety

Advice and help on child car safety seats, available to parentcraft staff/midwives/health visitors/ retailers and general public.

Walking Bus

Children walk to school in a supervised group, getting healthy exercise.

Information leaflets or other resources

Wide range of teaching aids, materials, equipment and leaflets either in stock or available to schools through the Annual Road Safety Requisition (Free) and supplied by approved suppliers direct to schools.

Cost

Free (except for Driver Training at £65 per student for 12 hours tuition).

Contact details

David Young
DOE Road Safety Education Office
c/o BELB
40 Academy Street
BELFAST BT1 2NQ

Phone: 028 9050 8181
Fax: 028 9075 1573
Email: roadsafety.belfast@doeni.gov.uk
Website: www.doeroadsafety.com

Sustrans

Safe Routes to School

Programme aims to make the journey to school safer and healthier for everyone. A school journey audit is carried out to see how students travel to and from school, and what problems exist that prevent them from walking and cycling. A plan is then developed to improve conditions.

Information leaflets or other resources

- safety on the streets for children
- cycling to school advice
- walking to school
- health benefits of Safe Routes to School
- how to develop a school travel plan
- transport facts and figures

All available on www.saferoutestoschool.org.uk

Cost

None

Contact details

Eamonn Brown
c/o Derry City Council
98 Strand Road
DERRY BT48 7NN

Helpline: 0117 915 0100
Phone: 028 7136 5151
Fax: 028 7137 0080
Email: eamonnb@sustrans.org.uk
Website: www.sustrans.org.uk

Translink

Safety Bus

Educates children and young people about bus safety, behaviour on buses, and points out the dangers of stone throwing and vandalism on buses and trains.

Information leaflets or other resources

- Voyager Pack for Schools
- Bee Safe Pack (interagency folder)
- Bus Safety Rules

Cost

£50

Contact details

Translink Safety Bus (Crew)
Falls Bus Depot
Falls Road
BELFAST BT12 6EQ

Phone: 028 9030 1824/9030 1732
Fax: 028 9060 3304
Email: Christine.Murphy@translink.co.uk
Website: www.translink.co.uk

SCHOOLS - Key Contacts

(See also Accident Prevention - Belfast City Council - Bee Safe)

Many organisations listed elsewhere in the directory provide support to schools. Listed below are key contacts.

Belfast Education & Library Board

Youth Service - Child Protection Awareness Raising

This programme provides awareness training for staff from youth groups.

Education Welfare Service

The Education Welfare Service:

- Facilitates child protection training for all designated and deputy designated teachers for child protection.
- Facilitates child protection training for ancillary school/board staff who have direct contact with children and young people.
- Monitors child employment.
- Delivers individual support programmes to children and young people concerning a range of welfare issues, usually in the form of an education support plan.

How the service can be accessed

Youth Service – written contact with the Board.

Education Welfare Service – through referral to Head of Service or Area Based Teams.

Cost

None

Contact Details

Mr Trevor Murphy
Youth Service
40 Academy Street
BELFAST BT1 2NQ

Ms Maxine Devenney
Chief Education Welfare Officer
40 Academy Street
BELFAST BT1 2NQ

Phone: 028 9056 4296
Fax: 028 9056 4078
Email: trevorm@belb.co.uk

Phone: 028 9056 4289
Fax: 028 9056 4078
Email: maxine.devenney@belb.co.uk

CCMS (Council for Catholic Maintained Schools)

CCMS provides advice, guidance and training to schools on a wide range of issues including child protection and safety issues. It does not, however, provide any direct services – its role is to support schools in their provision of services.

Contact Details

CCMS Headquarters
160 High Street
HOLYWOOD
BT18 9HT

Phone: 028 9042 6972
Fax: 028 9042 4255

Comhairle Na Gaelscolaíochta

Promotes, facilitates and encourages Irish-medium education and schools.

Contact Details

Teach an Gheata Thiar

4 Sráid na Banríona

Béal Feirste BT1 6ED

Phone: 028 9032 1475

Fax: 028 9032 4475

Email: eolas@comhairle.org

Website: www.comhairle.org

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NICIE (Northern Ireland Council for Integrated Education)

Co-ordinates efforts to develop Integrated Education.

Contact Details

Aldersgate House

13-19 University Road

Belfast BT7 1NA

Phone: 028 9023 6200

Fax: 028 9023 6237

Email: info@nicie.org.uk

Website: www.nicie.org

SEXUAL EXPLOITATION

Barnardo's

Beyond the Shadows – Northern Ireland

Works with males and females between the ages of 12 and 18 years (21 if in receipt of leaving aftercare services) who are being sexually exploited or vulnerable to sexual exploitation.

The programme focuses on:

- Awareness raising with children, young people, families, statutory organisations and elected representatives.
- Intelligence gathering to identify and offer safety to children and young people under threat of exploitation.
- Prevention through education, the sharing of intelligence and lobbying for changes to legislation.
- Protection, support and exit strategies for children and young people who are victims of exploitation.
- Assisting relevant statutory and voluntary agencies to exercise best practice and develop policy frameworks.

Information leaflets or other resources

'In the Shadows' comic style, Freephone poster, stickers, cards and information leaflets.

Cost

None

Contact details

Jacqui Montgomery Devlin
49a Rosemary Street
BELFAST BT1 1QB

Phone: 028 9023 3646
FREEPHONE: 0808 801 0312
Fax: 028 9023 6014
Email: jacqui.montgomery@barnardos.org.uk
Website: www.barnardos.org.uk

SEXUAL HEALTH

Ballymurphy Women's Centre

Yahoo Project (Youth and Health Outreach Office)

The Yahoo Project aims to empower young people aged 10 - 25 to take responsibility for their health, in particular sexual health, through sharing of information, education and advice. Yahoo programmes include team-building, personal development, sexual health, drug awareness, crime, puberty, parenthood, career planning, etc.

Yahoo works in schools, youth centres, drop-in centres and after-schools clubs. Yahoo also welcomes the opportunity to support and mentor other organisations to set up similar projects.

Information leaflets or other resources

Yahoo posters, postcards, leaflets on sexual health, family planning, and drug awareness, training manuals, etc. Virtual babies also available to borrow.

Cost

None

Contact Details:

Colleen Symington
Yahoo Project
The Bullring
12 Glenalina Pass
BELFAST BT12 7JZ

Phone: 028 9022 3220

Email: colleensym@hotmail.com

Brook Belfast

Brook offers:

- Drop in clinics: up to 19's for young women and 24 for young men.
- Information and talks on sexual health, visits to community groups.
- Training for health professionals on confidentiality and working with young people.

Clinic times:

Mon, Tues, Wed	2.30pm - 5.00pm
Thurs	5.30pm - 8.00pm
Fri	2.00pm - 4.30pm (2-4 on last Friday of month)
Sat	1.30pm - 4.00pm
Sun	1.30pm - 3.00pm

Boy and Young Men's Clinic (up to age 24) 4.00pm - 5.30pm Saturday

Information leaflets or other resources

- Protecting young people policy
- Younger clients policy

Cost

Clinics – all services free
Donation £40 for talks/visits.

Contact Details

Ms Mary Crawford
Brook Belfast
29A North Street
BELFAST BT1 1NA

Phone: 028 9032 8866
Fax: 028 9023 5737
Email: belfast.brook@talk21.com
Website: www.brook.org.uk

fpa (Family Planning Association)

Choices

Enables young women to make informed decisions about their personal and sexual lives. A community based personal development sexual health programme, it involves weekly interactive participative workshops lasting around 2 hours for 6-8 weeks.

'Bout Ye

Enables young men to make informed decisions about their personal and sexual lives. A community based personal development sexual health programme, it involves weekly interactive participative workshops lasting around 2 hours for 6-8 weeks.

Check it Out

Enables young people who are homeless to make informed decisions about their personal and sexual lives. Based in hostel accommodation, it is a personal development sexual health programme involving weekly interactive participative workshops lasting around 2 hours for 6-8 weeks.

Unplanned Pregnancy counselling, information and support service

Provides counselling, information and support to young women (and their families and partners) who are faced with a crisis pregnancy. Appointment basis only. Service is non-directive and non-judgemental.

Helpline

Provides information on all aspects of sexual health and contraception. Open five days a week 9.00am - 5.00pm (4.30pm Fridays). Information available by phone, letter or calling into the office.

Training and Consultancy

Enables professionals and community workers to work more effectively in the areas of relationships, sexual health and sexuality through multi-disciplinary, made-to-measure courses.

Information leaflets or other resources

- Free leaflets on contraception.
- Leaflets on STIs can be purchased.
- Series of leaflets for young people on growing up; contraception; STIs - for purchase.
- Series of NI specific factsheets on sex education, abortion, sexual behaviour, sexual orientation, teenage pregnancy, family planning services, STIs, the legal position regarding contraceptive advice and provision to young people.
- Training resources for professionals and community workers.

Contact Details

fpa
113 University Street
Belfast BT7 1HP

Phone: 028 9032 5488
Fax: 028 9031 2212
Email: belfast@fpa.org.uk
Website: www.fpa.org.uk

Genito Urinary Medicine (GUM) Clinic

Based at the Royal Victoria Hospital, the GUM Clinic gives free, confidential consultations about Sexually Transmitted Infections (STIs).

Call 028 9063 4050 or 9063 4054 to make an appointment.

HYPE

Peer Education Programme

The HYPE programme, delivered in schools, youth clubs, community centres etc, aims to support the reduction of teenage pregnancy and promote the sexual health awareness of young people under 25 years especially those most at risk. This includes children in care, young men, those opting out of/excluded from school, those in contact with the justice system and young parents.

Drop in Clinic

Available each Tuesday 3pm - 5pm, 16 College St, Belfast BT1 6BT

Cost

None

Contact Details

Cathy Curry
HYPE Team
Lawther Buildings
16 Cupar Street
BELFAST BT13 2LJ

Phone: 028 9024 3143
Fax: 028 9024 0358
Email: HYPE@nwb.n-i.nhs.uk

North and West Belfast Health and Social Services Trust

Family Planning Clinics

Clinics are available:

Monday	Ballyowen H/C	9.00am - 11.30am	Tel: 9061 0611
	16 College St	10.00am - 12.30pm	Tel: 9082 1555
	Lancaster St	1.45pm - 4.00pm	Tel: 9043 8401
Tuesday	Whiterock H/C	9.00am - 11.30am	Tel: 9032 3153
	16 College St	10.00am - 12.30pm	Tel: 9082 1555
Wednesday	Ballyowen H/C	9.00am - 11.30am	Tel: 9061 0611
	16 College St	11.00am - 1.30pm	Tel: 9082 1555
	Ballyowen H/C	1.45pm - 4.00pm	Tel: 9061 0611
	Ballyowen H/C	5.00pm - 7.00pm	Tel: 9061 0611
Thursday	Lancaster St	9.00am - 11.30am	Tel: 9043 8401
	16 College St	10.00am - 12.30pm	Tel: 9082 1555
	Lancaster St	1.45pm - 4.00pm	Tel: 9043 8401
Friday	Shankill H/C	9.00am - 11.30am	Tel: 9024 7181
	Ballyowen H/C	9.00am - 11.30am	Tel: 9061 0611
	16 College St	11.00am - 1.30pm	Tel: 9082 1555

Opportunity Youth

Peer Education

Group work experiences for young people delivered wherever young people congregate ie schools, youth clubs etc.

Peer Mentoring

Individual confidential support offered to young people by young people.

YAC (Youth Advice Centre)

Free, confidential health advice for young men and women, staffed by both medical professionals and peer educators.

Drop in clinics:

Wednesdays	6.30pm - 8.30pm GEG (Girls Empowering Girls - advice for lesbians)
Thursdays	6.30pm - 8.30pm (Men Only)
Fridays	3.00pm - 5.00pm

Cost

None (with the exception of group work which is negotiable)

Contact Details

Opportunity Youth
Hildon House
30-34 Hill Street
Belfast BT1 2LB

Phone: 028 9043 5810
Fax: 028 9043 5811
e-mail: info@opportunity-youth.org
website: www.opportunity-youth.org

Other useful sources of information

CAREconfidential is a pregnancy and post-abortion helpline:

Phone: 0800 028 2228

Website: www.careconfidential.com

Life Pregnancy Care can do free pregnancy testing and give counselling and support. They can also provide accommodation for pregnant young women.

Phone: 028 9024 9414

Email: life_ni@macunlimited.net

HIV Support Centre

Phone: 0800 137437

Aids Helpline

Phone: 0800 137437

Website: www.aidshelpline.org.uk

Shankill Young Women's Project

Tel: 028 9043 1123

SUBSTANCE MISUSE

C.H.I.L.L. - Contact Youth Counselling Service/ Opportunity Youth

The CHILL Project

Provides one-to-one counselling and/or peer mentoring to young people aged 8 – 17 years of age either directly or indirectly affected by substance misuse.

Information leaflets or other resources

Leaflet available.

Cost

None

Contact details

Contact Youth Counselling Services
139 Ravenhill Road
BELFAST
BT6 9DR

Opportunity Youth
Hildon House
31/34 Hill Street
Belfast
BT1 2LB

Phone: 028 9045 7848
Helpline 'Youthline' 0808 808 8000
- (4pm to 9pm Mon to Fri)
Fax: 028 9045 5656
Email: info@contactyouth.org
Website: www.contactyouth.org

028 9043 5810

028 9043 5811
info@opportunity-youth.org
www.opportunity-youth.org

Dunlewey Substance Advice Centre

Counselling Advice & Support

Advice and support for all young people and their family and friends affected directly or indirectly by all forms of substance misuse.

Information leaflets or other resources

- DSAC services. Counselling ‘What it means’.
- Substance misuse information for users.
- Substance misuse information for parents.

Cost

None

Contact details

Counselling Team
22 Cliftonville Road
BELFAST BT14 6JY

Phone: 028 9074 3999
Email: dsaccliftonville@btconnect.com

FASA (Forum for Action on Substance Abuse)

School Programme

Raises awareness of the detrimental effects of substance misuse through work in primary and post-primary schools, including factual information, harm reduction, personal development, life skills to enable young people to make informed choices.

Parents Programme

Enables parents to have up to date information on substance misuse and to increase their communication skills with their children.

Movin' On Programme

For young people engaged in substance misuse, giving them access to services (eg mentoring, counselling, guidance, anger management) to help them explore issues and make more informed choices in their lives.

Helpline

Responds to those needing immediate help and/or advice.

Information leaflets or other resources

- Range of leaflets on individual drugs which have been designed by young people for other young people to access and get factual information.
- Resource library of books, videos, displays, equipment that can be accessed by groups or individuals.

Cost

None

Contact Details

Forum for Action on Substance Abuse (FASA)
Bingham House
16 Woodvale Road
BELFAST BT13 3BS

Phone: 028 9080 3040

Fax: 028 9080 3041

Email: info@fasaonline.org

Website: www.fasaonline.org

Falls Community Council Community Drug Programme

Street Skills

A comprehensive 6 month course for young people covering personal development, drug awareness and relationships.

Peer Drug Education

Informs young people of drug awareness, and trains them to become peer educators.

Outreach Programme

Engages with young people who do not avail of youth services to reduce risk to young people regarding drugs and alcohol.

Information leaflets or other resources

Community Drugs Programme – working to create a safer and healthier community

Cost

None

Contact details

Gerry McConville
Falls Community Council
275-277 Falls Road
BELFAST BT12 6FD

Phone: 028 9020 2030
Fax: 028 9020 2031
Email: cdp@fallscommunitycouncil.org

NICAS (Northern Ireland Community Addiction Service)

General information and counselling available on drugs and alcohol. Domiciliary service for elderly clients.

Cost

Workplace referrals charged to employer - £50 per session. Otherwise no charge.

Contact details

NICAS

461 Falls Road
Belfast BT12 6DD

Tel: 028 9033 0499
Fax: 028 9024 9805
Email: nicas.falls@virgin.net

RADICAL (Responses to Alcohol and Drugs in Communities and Lives)

Signposting Service

Provides a signposting/information service for drug and alcohol related issues in North Belfast working mainly in Ardoyne, New Lodge, Duncairn and Mount Vernon.

Building the Community Pharmacy Partnership

Encourages local communities and pharmacists to work together to provide information on, and support for those who wish to stop the use of, over-the-counter medicines.

Information leaflets or other resources

- Directory of Drug and Alcohol Services for North Belfast.

Cost

None

Contact details

Catherine O'Neill/Emma Bailie
Deanby Youth Club
16-23 Oldpark Terrace
BELFAST BT14 6NP

Phone: 028 9035 1003
Fax: 028 9035 1005
Email: radicalnb@yahoo.co.uk
Website: www.radicalnb.com

Re-Solv

Solvent and Volatile substance misuse preventative education.

Re-Solv gives presentations in schools to children aged 11 years and above on the dangers of solvents, encouraging young people to be more aware of their responsibilities and to take care of their mental and physical health. Re-Solv will also attend parents evenings to raise awareness of the issues.

A range of school resources are distributed free to secondary and primary schools.

Information leaflets or other resources

- Leaflets for secondary school children.
- Workbooks for primary schools.
- Parents leaflets.
- Posters.
- Training pack for Social Services staff.
- Resources for retailers and the PSNI.
- A research library is available.

A list of all publications is available on: videos and training packs for young people, materials for professionals and young people, raising adult awareness and raising retail awareness.

Contact details

Angeline McTier
Re-Solv
Graham House, Knockbracken Healthcare Park
Saintfield Road
Belfast BT8 8BH

Phone: 028 9070 2493
FREEPHONE: 0808 800 2345
Fax: 028 9070 2493
Email: Angeline@re-solv.fsnet.co.uk
Website: www.re-solv.org
www.sniffing.org.uk

Other useful sources of information

Health Promotion Agency - Tel: 028 9131 1611
www.healthpromotionagency.org.uk
National Drugs Helpline - Tel: 0800 776600
Smoking Quitline - Tel: 0800 002200 (9am - 9pm)
Alcoholics Anonymous - Tel: 028 9043 4848
Al Anon Family Groups - Tel: 028 9068 2368
(support for those affected by another person's drinking) -
www.talktofrank.com - information on Northern Ireland services

SUICIDE AND SELF-HARM

Please also refer to the Counselling and Helplines section of this directory.

Child and Adolescent Mental Health Services (CAMHS)

Provides services for children and young people with emotional and mental health problems. Professional staff who work in this area include: Psychiatrists, Nurses, Clinical Psychologists, Social Workers with particular skills and training, Specialist Teaching staff, Child Psychotherapists and other staff with specialist skills.

Inpatient and day patient services

- Copeland Unit, Knockbracken Health Care Park - inpatient services for young people between the ages of 13 and 18 years.
- College Gardens - day patient services for young people aged 13 - 18 years.
- Forster Green Child and Family Unit - inpatient and day patient services for children under 13 years.

The above regional services offer specialist, multi-professional assessment and treatment to children and young people with severe, debilitating and complex emotional and psychiatric needs.

Specialist outpatient services

Child and Family Clinic in the Royal Victoria Hospital for Sick Children - for children under 13 years.

Young People's Outpatients Centre, Lisburn Road - for young people between the ages of 13 and 18 years.

How the services can be accessed

Referrals to these services are managed through GPs, Health and Social Services staff, and other professionals working with children and young people in a range of settings.

If you are concerned about someone's, or your own, emotional or mental health you should discuss our concerns with your GP, Health Professional, Counsellor, Youth Worker, Teacher, Community Worker, Social Worker or someone in whom you have confidence and who will be able to listen provide reassurance and direct you to an appropriate service.

Mother's Hope Crisis Centre

Offers a listening ear, counselling, family therapy, suicide intervention counselling, accredited suicide intervention training, referrals to other services, a self-help support group and information on a wide range of issues. All services available for men and women.

Cost

None

Contact Details

Margaret and Billy Wylie
Hope House
11-13 Hopewell Avenue
Belfast BT13 1DR

Tel: 028 9024 3895

North and West Belfast Health and Social Services Trust - Mental Health Promotion

ASIST Training

Applied Suicide Intervention Skills Training, an intensive two-day training course, is being provided to frontline workers in community and statutory organisations.

Early Intervention Team

Provides a service for young people aged 17+ who have been diagnosed with a severe mental illness.

Information Leaflets or other resources

- Bereaved through Suicide - information booklet for families.
- Turn it Around - video aimed at secondary schools, focusing on positive mental health.
- www.heads-away-just-say.com website for young people covering a wide range of issues.

Contact Details

Margaret Woods, Mental Health Promotion Manager
Twin Spires, Curran House, 155 Northumberland Street,
Belfast BT13 2JF.

Phone: 028 9041 7400
Email: margaret.woods@nwb.n-i.nhs.uk

PIPS (Public Initiative for the Prevention of Suicide and Self-harm)

PIPS aims to save lives and support those affected by suicide and self-harm, with a particular focus on North Belfast.

It aims to:

- Increase the community's awareness around issues of suicide and self-harm with a view to reducing stigma and encouraging people to seek help.
- provide support to people bereaved through suicide.
- provide information on services available.
- provide information and training on warning signs of suicidal behaviour.

Information leaflet

Leaflet giving warning signs of emotional distress, what you can do if you are worried about someone, and useful telephone numbers.

Cost

None

Contact Details

Jo Murphy
North Belfast Partnership
North City Business Centre
2 Duncairn Gardens
Belfast BT15 2GG
Phone: 028 9075 2990
Website: www.pipsproject.com

Suicide Awareness and Support Group

This is a self-help group for families bereaved through suicide who meet once a week to provide support to one another. A listening ear is provided (trained counselling is not available).

The group meets:

Every Tuesday 7.30pm - 9.30pm

Lenadoon Project

41a Suffolk Road

Belfast BT11 9PE

Other organisations which can provide support

As well as the organisations listed in the Counselling and Helplines section of this directory, the following organisations can provide counselling and support for those suffering bereavement through suicide. Please note that some of these services may be available for adults only.

Cruse Bereavement

10 College Green

Belfast BT7 1LN

Tel: 028 9043 4600/

0870 167 1677

Shankill Stress and Trauma Group

5 Ballygomartin Road

Belfast BT13 3LA

Tel: 028 9020 5300

Survivors of Trauma

151 Cliftonville Road
Belfast BT14 6JR
Tel: 028 9074 9944

WAVE

523 Antrim Road
Belfast BT14 3BS
Tel: 028 9077 9922

**ICPD (Institute of Counselling
and Personal Development)**

Interpoint
20-24 York St
Belfast BT15 1QA
Tel: 028 9033 0996

Ashton Stress Clinic

Churchill Street
Belfast BT15 2B
Tel: 028 9022 1022

Samaritans

Tel: 028 9066 4422
National helpline: 08457 909090

NI Association for Mental Health

Beacon House
80 University Street
Belfast BT7 1TU
Tel: 028 9032 8474

**Lenadoon Community Counselling
Project Gatekeeping Project**

Provides suicide awareness training
to individuals and groups.
41a Suffolk Road
Belfast BT11 9PE
Tel: 028 9061 5319

Useful websites:

www.heads-away-just-say.com
www.aware-ni.org
www.depressionalliance.org
www.niamh.co.uk

APPENDICES

APPENDIX 1

List of Relevant North and West Belfast Health and Social Services Facilities

Facility	Service	Contact Person	Telephone	Fax
Antrim Road Social Services 449 Antrim Road BELFAST BT15 2LJ	Social Services for Family and Child Care	Caroline Crawford Admin Manager Irene Garland Social Work Manager	90 508 100	90 508 101
Ballyowen Health Centre 179 Andersonstown Road Belfast BT11 9EA	Health Visiting District Nursing Family Planning School Health Dental Health Community Mental Health Teams Treatment Room Baby Clinic Speech & Language Therapy Physiotherapy Ophthalmic Service Podiatry	Deirdre Carabine Administration	90 610 611	90 608 600
Crumlin Road Health Centre 94-100 Crumlin Road BELFAST BT14 6AP	Health Visiting District Nursing Social Workers Treatment Room Baby Clinic Occupational Health Occupational Therapy – Mental Health Service	Dawn Wicklow Pat Browne Occupational Therapist	90 741 188	90 747 158

North and West Belfast Health Action Zone - Child Safety Forum

Facility	Service	Contact Person	Telephone	Fax
Cupar Street Clinic Cupar Street Belfast BT13 2LJ	Hearing Deaf Teaching Eye Clinic Dental Physiotherapy Occupational Therapy Asthma Child Development Clinic Feeding Clinic ADHD Behavioural Clinic Enuretics Clinic (bed wetting) Constipation Clinic Community Children's Nursing 24 hour Nursing Twilight Nursing Chiropodist Speech Therapist Cognitive Behavioural Therapist School Health Vaccinations	Clare Maguire Senior Admin Assistant	90 327 613	90 240 362
Social Services Lawther Buildings 16 Cupar Street BELFAST BT13 2LJ	Social Services for Family and Child Care	Jim McClean Admin Manager John Stratton Martin McKinney Social Work Managers	90 320 840	90 240 358
Falls Family and Educational Centre 1st Floor Falls Library Falls Road BELFAST BT12 4PB	Family Centre	Anne Campbell Senior Day Care Worker	90 326 574	

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Facility	Service	Contact Person	Telephone	Fax
<p>Maureen Sheehan Health Centre 106 Albert Street Belfast BT12 4JR</p>	<p>Health Visiting District Nursing Treatment Room Baby Clinic Learning Disability Team Nursing Service Physiotherapy</p>	<p>Jane Rooney Administration</p>	<p>90 242 816</p>	<p>90 239 580</p>
<p>Lancaster Street Clinic 43 Lancaster Street Belfast BT15 1EZ</p>	<p>Health Visiting District Nursing Family Planning School Health Dental Health Baby Clinic Physiotherapy Audiology Clinic Podiatry Cytology Speech & Language Therapy Ophthalmic Services Occupational Therapy</p>	<p>Betty McCorry Administration</p>	<p>90 438 401</p>	
<p>North Belfast Family Centre 21 Victoria Parade BELFAST BT15 2EN</p>	<p>Family Centre</p>	<p>Adela Cromie Administration</p>	<p>90 247 580</p>	

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Facility	Service	Contact Person	Telephone	Fax
Shankill Centre 151-157 Shankill Road BELFAST BT13 1FD	Domiciliary Services for Elderly Care Management for Elderly Family & Child Care Social Services Occupational Therapy – Elderly Asthma Children's Behaviour Clinic Children's Resource Team	Linda McCallum Administration Donna Coyle Centre Manager	90 315 005	90 315 178
Shankill Health Centre 135 Shankill Parade BELFAST BT13 1DY	Speech & Language Therapy Baby Clinic Treatment Room Community Mental Health Team Dental Health Family Planning District Nursing Health Visiting Physiotherapy Podiatry	Anna Brownlee Administration	90 247 181	90 327 198

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